

# Starting School

## Getting there safely



Walsall Council



Active Sustainable Travel and Road Safety

# Walking to school...

## Good for you, good for everyone

### Do you really need the car?

- Children who walk to school are more alert and more attentive than those who travel by car.
- Walking to and from school helps to keep children and adults fit.
- Walking is good exercise.
- The walk to school can help children develop the skills to stay safer when out and about independently.



A walking start  
means a healthy  
heart

### Safer places to cross



Set a good example by using safer crossing places correctly with your children



# Green Cross Code

## Promote these steps below to cross the road safely:

Find the safest place to cross, are there any zebra, pelican or other crossings you can use?



**STOP** with feet behind the kerb



**LOOK** all around for traffic



**LISTEN** carefully for traffic/engine noises



**THINK** if traffic is coming let it pass.

When it is safe,  
cross in a straight  
line and do not run.  
Keep looking and  
listening while you  
cross.

Make sure your child can be seen.

**Fluorescent** materials are good for daytime,

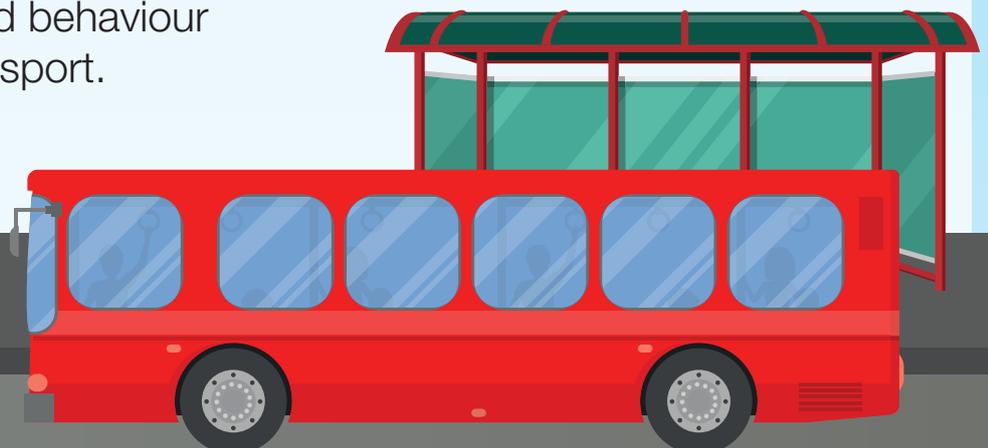
**Reflective** materials are good in the dark.

Always wear something bright!



## Travelling by bus or taxi

- Wait for the bus to move away before crossing the road.
- It is essential that your child understands the importance of good behaviour when using public transport.



# The Walking Bus

- A group of children who walk together with adult supervision is known as a walking bus.
- Ask at your school if they operate a Walking Bus.



# Park and Stride

- These schemes are suitable for children who live too far away to walk to school. Parents park at an agreed location and complete the journey on foot.
- Good for you and good for the environment.



# 5min Walk Zone

5 Minute Walking Zones aim to encourage children and families to walk at least part of their journey to and from school.

This can help to increase opportunities for healthy exercise, reduce traffic and congestion around the school gate and improve the local environment for the whole community.



# Driving to school

If you drive your child to or from school, here's how you can help:

- Keep the school entrances clear
- Don't cause congestion outside school, park a little further away and walk
- Avoid stopping on or opposite school 'Keep Clear' markings
- Children get out of the car on the pavement side - NEVER into the road
- Car share to reduce congestion around school.



**Don't get out onto the road!**



For more details contact your headteacher  
**Contact us on: [astars@walsall.gov.uk](mailto:astars@walsall.gov.uk)**