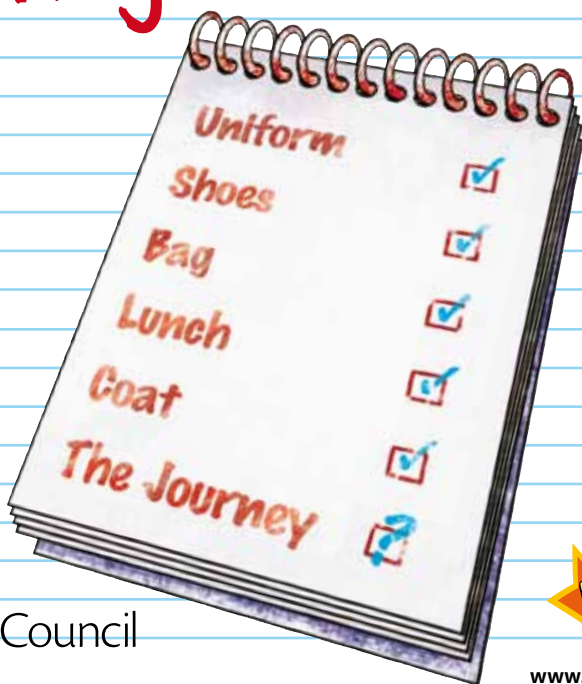


to Mum or Dad

Starting school
Getting there safely



Walsall Council



www.astarswalsall.co.uk

Walking to school...

good for YOU, good for EVERYONE!

Do you really need the car?

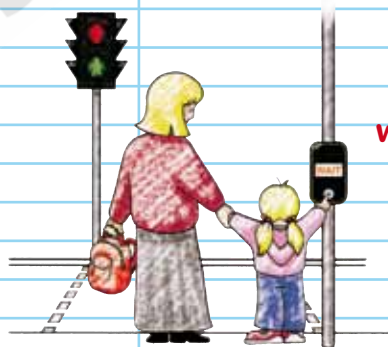
- Children who walk to school are more alert and more attentive than those who travel by car.
- Walking to and from school helps to keep children and adults fit.
- Walking is good exercise!
- The walk to school can help children develop the skills to stay safer when out and about independently.



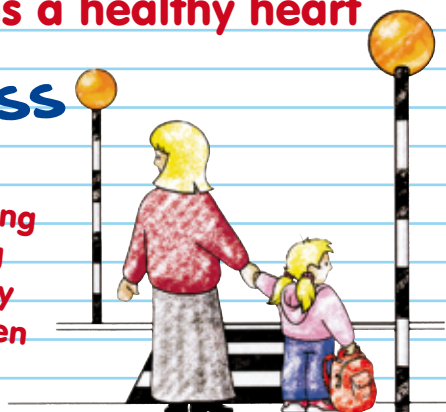
A walking start means a healthy heart

Safer places to cross

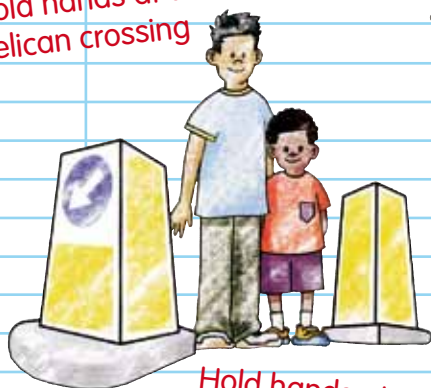
Set a good example by using safer crossing places correctly with your children



Hold hands at a pelican crossing



Hold hands at a zebra crossing



Hold hands at a traffic island



Cross in front of the school crossing patrol when signalled to do so

The Green Cross Code

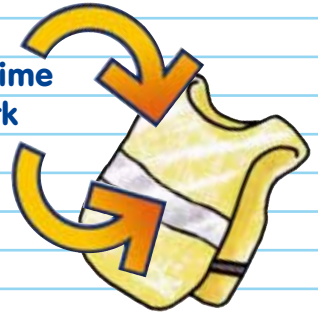
- First find a safe place to cross then **stop**.
- Stand on the pavement behind the kerb.
- **Look** all around for traffic and **listen**.
- If traffic is coming, let it pass and look all around again.
- When there is no traffic near, walk straight across the road.
- Keep looking and listening for traffic while you cross.

Make sure your child can be seen

Fluorescent materials are good for daytime

Reflective materials are good in the dark

Always wear something bright



Driving to school



Make sure all passengers are secured appropriately

If you drive your child to or from school, here's how you can help:

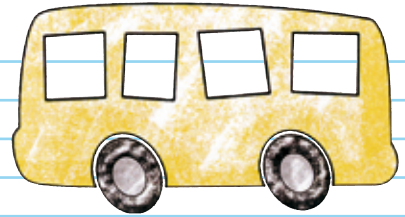
- Keep the school entrances clear.
- Don't cause congestion outside school, park a little further away and walk.
- Avoid stopping on or opposite school 'Keep Clear' markings.
- Children get out of the car on the pavement side - **NEVER** into the road.
- Car share to reduce congestion around school.



Don't get out onto the road!

Travelling by bus or taxi

- Wait for the bus to move away before crossing the road
- Use www.schooltravelwise.org.uk to plan your journey
- It is essential that your child understands the importance of good behaviour when using public transport.



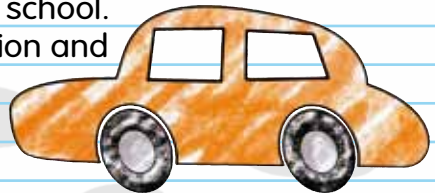
The Walking Bus



- A group of children who walk together with adult supervision is known as a walking bus
- Ask at your school if they operate a Walking Bus.

Park and Stride

- These schemes are suitable for children who live too far away to walk to school. Parents park at an agreed location and complete the journey on foot.
- Good for you and good for the environment.



For more details contact your headteacher

Contact us on:
astars@walsall.gov.uk

